

A scenic view of a river flowing through a forested valley with mountains in the background. The river is clear and turbulent, surrounded by lush green trees and large rocks. The mountains in the distance are rugged and partially covered in snow under a blue sky with light clouds.

KŌMANAWA

WHAKATAUKI
WHAKAAROARO

Whakaaroaro (verb): to ponder, consider carefully, think about, contemplate, deliberate, give thought to, mull over, reflect on. Our hope is that this resource allows you to have deep hononga - connection - with Īhu.

Who are we? Kōmanawa is a whānau of tangata whenua who are passionate about being Māori and karaitiana. Nō Ngāti Pūkenga, Ngāti Pūkiao, Ngā Puhi, Ngāti Ranginui, Te Arawa, Ngāi Te Rangi, Taranaki. Mō te pikinga ake o ngā tāngata māori, kia māori ngā wāhi katoa, i ngā wā katoa.

NAU MAI! WELCOME

We live in a time when we can hear the voice of thousands of people from across the world on a daily basis. This can mean amazing whakawhanaungatanga across the world but at the same time it can lead to relationships that can be kept at a very superficial level. Our hope is for in the midst of our noisy world we are able to take a moment of deep connection - hononga - with Īhu in a real and uniquely Aotearoa way.

This resource was created for mahuru māori - māori language month for 2022. It weaves together whakatauki, bible verses, a small devotional reading and space for reflecting.

The best way to get the most out of this is to set aside some time, find a peaceful space (we recommend in the taiao - in the environment, that could be a park, your

backyard, or on a maunga) print this out and write all over it, and engage with our kaihanga - our creator.

We also encourage you to possibly do this as a whānau. This can be engaged with tamariki as a whānau activity, before bed or around the dinner table.

*Ka hari te tangata kei tōna ture ōna
whakaaroaro i te ao, i te pō. E rite hoki ia
ki te rākau i whakatōkia ki te taha o ngā
awa wai, e whai hua nei i te pō e hua ai; e
kore tōna rau e memenge - ā, ka pono āna
mea katoa e mea ai ia.*

Waiata 1:2-3

*Blessed is the one who meditates on his
law day and night. That person is like a
tree planted by streams of water, which
yields its fruit in season and whose leaf
does not wither— whatever they do
prosper.*

Psalm 1:2-3

He iti hau marangai e tū te pāhokahoka

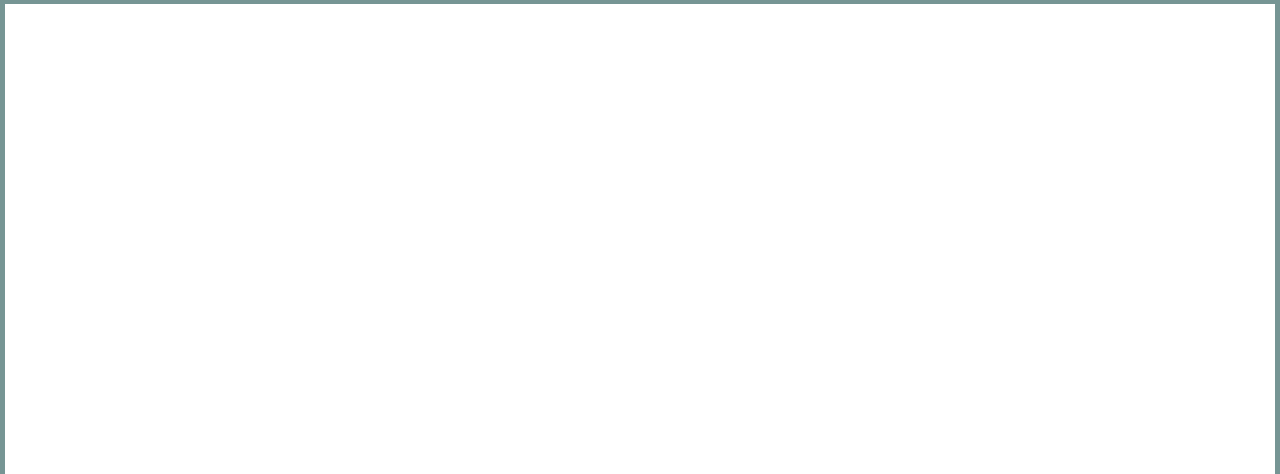
After the storm, the rainbow appears

We can not go through life without a few storms. While we are in these storms it can feel overwhelming but it is always important to remember that this too shall pass. Often what we learn in our storms becomes the starting point for truly great things.

Me te titiro pū anō ki a Īhu, ki te kaitīmata, ki te kaiwhakaoti i te whakapono; i whakaaro hoki ia ki te hari i tōna aroaro, ā, whakamanawanui ana ki te rīpeka, whakahāwea ana ki te whakamā, nā, kua noho ki matau o te torōna o te Atua. - Ngā Hiperu 12:2

We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith. Because of the joy awaiting him, he endured the cross, disregarding its shame. Now he is seated in the place of honour beside God's throne. - Hebrews 12:2

Ngā patai: What does this teach us about Īhu? What does this bring to mind for you, your whānau?



Whaowhia te kete mātauranga

Fill the basket of knowledge.

We are all called, each of us to grow. This is a sign of life. Like a tree with deep roots, we must plant our roots firmly in His Word and extend our reach to the furthest reaches of His grace. God gave us grace as a gift out of love; not because we earned it, but because He is good. We must learn to extend grace to others as well as to ourselves. We sometimes fail to live according to the grace that has been given to us. Instead, we often have a negative picture of ourselves.

Engari kia neke ake i runga i te aroha noa, i te mātauranga o tō tātou Ariki, arā, o te Kaiwhakaora, o Īhu Karaiti. Waiho atu i a ia te korōria, āianei, ā ake tonu atu. Āmine. - 2 Peta 3:18

But grow in the grace and knowledge of our Lord and Savior Jesus Christ. To him be the glory both now and to the day of eternity. Amen. - 2 Peter 3:18

Ngā patai: What does this teach us about Īhu? What does this bring to mind for you, your whānau?



Mā te huruhuru ka rere te manu

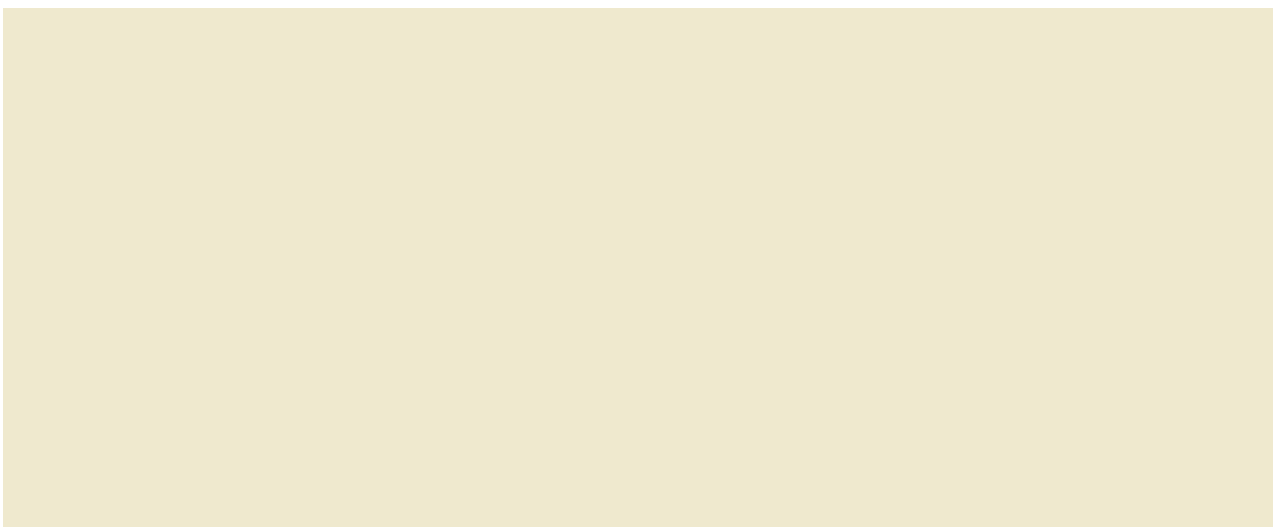
Adorn the bird with feathers so it may soar.

We are called to a life of connectedness, this is embedded in our karakia, our matauranga and our tikanga. The interconnectedness of feathers and their layering effect speaks of unity, while still acknowledging the unique function of each feather. For us to soar once more we need to see greater levels of unity and diversity.

Pērā hoki i te tinana e kotahi ana, he tini anō ōna wāhi, ā, ko ngā wāhi katoa o taua tinana kotahi, ahakoa tini, kotahi anō tinana; he pērā hoki a te Karaiti. - 1 koriniti 12:12

Just as a body, though one, has many parts, but all its many parts form one body, so it is with Christ. - 1 Corinthians 12:12

Ngā patai: What does this teach us about Īhu? What does this bring to mind for you, your whānau?





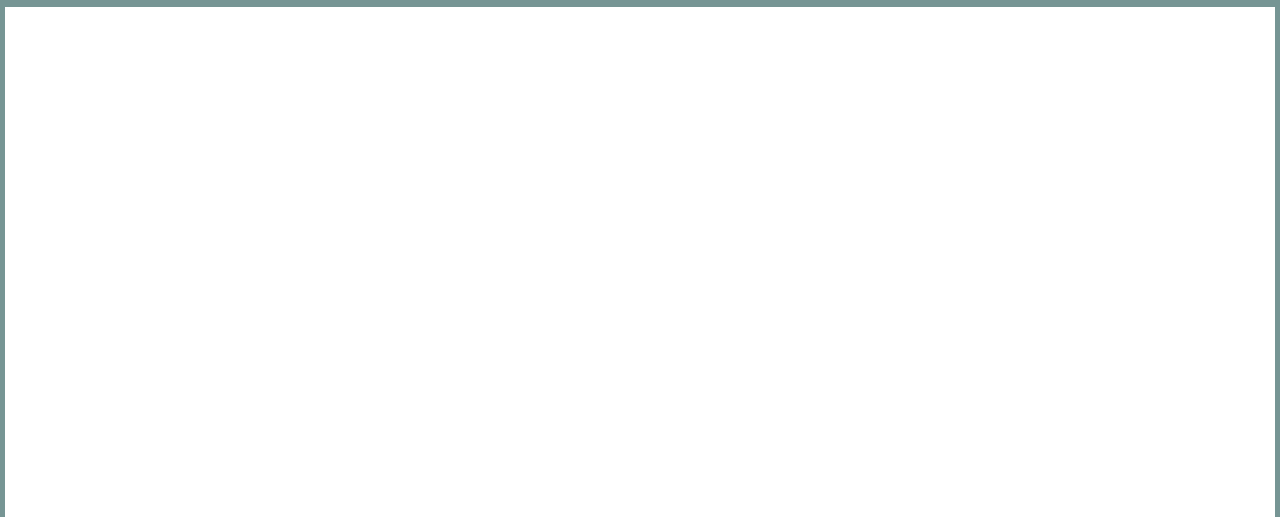
He manako te kōura i kore ai Wishing for the crayfish won't bring it.

I've never been much of a gardener, but maybe that might change in the future. The few indoor plants I have had in my home usually start out healthy and attractive, and I pay attention to them and take care of their needs. But eventually, my priorities change, and flora is no longer a top priority. The growth that was taking place quickly turns into shrivelled dead plants in my attractive pots. Faith without works is dead, just as my plants died because I neglected them.

Waihoki ko te whakapono, ki te kāhore āna mahi, he mea mate i roto anō i a ia. - Hēmi 2:17

In the same way, faith by itself, if it is not accompanied by action, is dead. -James 2:17

Ngā patai: What does this teach us about Īhu? What does this bring to mind for you, your whānau?



Ki te kahore he whakakitenga ka ngaro te iwi

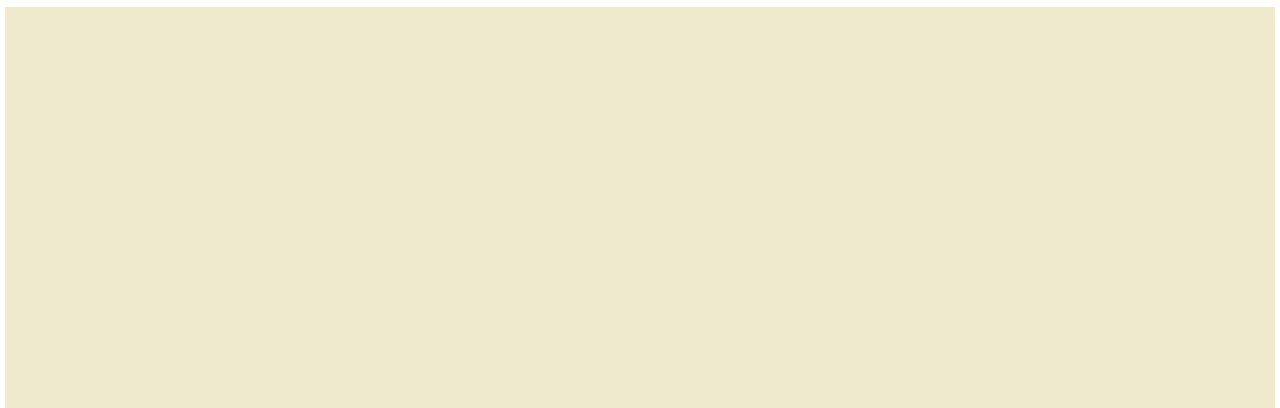
Without vision, the people will be lost

Quoting proverbs 29:18, Kīngi Tawhiao Potatau te Wherwhero used these words to emphasise the need for unification and strong leadership. We are too easily distracted and led in the wrong direction. But we should remember we have access to the Holy Spirit and the word of God in the Bible which is able to speak to us and give us the vision to lead us and unify us. Spend some time now writing down things you have heard from Īhu.

Ki te kāhore he whakakitenga, ka kore te iwi e tūpato; ko te kaipupuri ia i te ture, ka hari is. - Whakatauki 29:18

Where there is no vision, the people perish: But happy is he who keeps the law. - Proverbs 29:18

Ngā patai: What does this teach us about Īhu? What does this bring to mind for you, your whānau?





Mā Ihowa koe e manaaki,
māna koe e tiaki:
Mā Ihowa e mea kia tiaho
tōna mata ki a koe,
māna anō hoki koe e atawhai:
Mā Ihowa tōna kanohi e
whakaara ki a koe,
māna anō e tuku te
rangimarie ki a koe.

The Lord bless you
and keep you;
the Lord make his
face shine on you
and be gracious to you;
the Lord turn his
face toward you
and give
you peace.

Āmine

Amen

**MĀ IHOWA KOE
E MANAAKI
THE LORD BLESS YOU**